



CANPOINT®

# 全品 高考复习方案

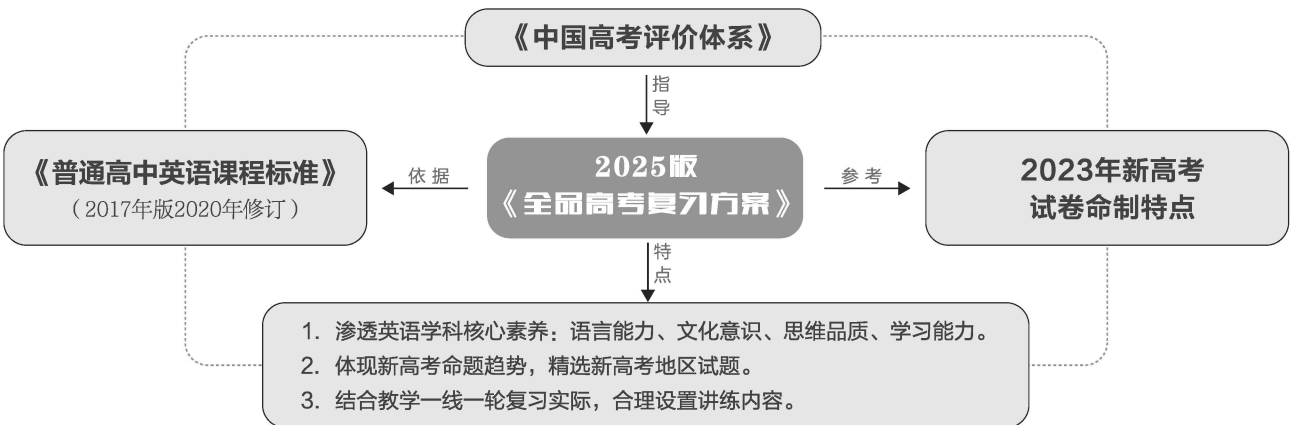
主编：肖德好

听课手册  
**英语**  
主题版

新高考地区

# 新教材 新高考 新一轮

英语  
主题版



## ▼ 图书结构与特点

听课手册	主题词汇语义场	<ul style="list-style-type: none"><li>主题词汇</li><li>语义分类</li></ul>	<b>词汇分类</b> 主题词汇到分门别类 庞杂词汇到清晰分类 语境含义到思维导图	话题词汇→应用场景 零散词汇→构建网络 准确理解→记忆结构化
	主题词汇训练	<ul style="list-style-type: none"><li>主题单词</li><li>主题词块</li></ul>	<b>逐层演练</b> 词汇知识到知识拓展 零散知识到归纳总结 语言知识到语言技能	语言知识→语境运用 一词多义→句型转换 完成句子→一句多译
	主题多维检测	<ul style="list-style-type: none"><li>基础检测</li><li>写作提升</li></ul>	<b>多维度检测</b> 常考词汇到主题语篇 应用文到读后续写	对接高考易错难点 提升写作地道表达
	主题词汇本 <small>另附分册</small>	<ul style="list-style-type: none"><li>主题词汇</li><li>语境运用</li><li>易错动词</li><li>构词法</li><li>熟词生义</li><li>常考短语</li></ul>	<b>实用的“词汇本”</b> 词汇分门别类 词汇活学活用 词汇重难突破 词汇规律梳理	默写填词，夯实基础 灵活表达，循序渐进 提升素养，赢取高分 有效记忆，拓展词汇
作业手册	双层训练	<ul style="list-style-type: none"><li>主题语境</li><li>高考题型</li></ul>	<b>主题下的高考</b> 常规角度到常考角度 常考话题到高考题型	常考话题保证话题的覆盖性 高考题型保证训练的针对性



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## 主题语境 人与自然

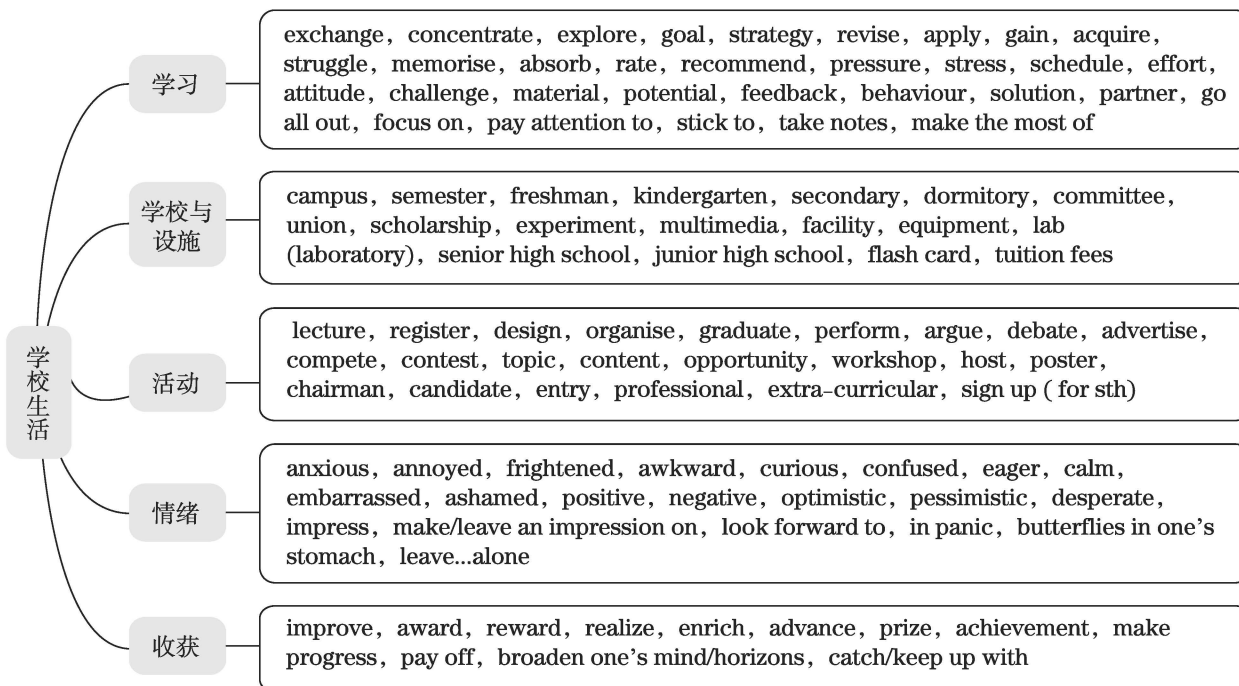
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## Unit 1 学校生活

## 对接教材

教材版本	单元	话题	主题语境
人教版	必修一 Welcome unit	高中生活	人与自我
外研版	必修一 Unit 1 A new start	高中生活	人与自我
译林版	必修一 Unit 1 Back to school	高中生活	人与自我

## 主题词汇语义场



## 主题词汇再现

★提示：加黑词汇为本单元复现词汇

On my first day of **senior high school**, I came across May. As the only **exchange** student from China, she **made a deep** 1. \_\_\_\_\_ (**impress**) on me. Dressed in a formal uniform, she looked a bit shy. I know everyone is **frightened** of 2. \_\_\_\_\_ (**leave**) alone, so I offered to be her learning **partner** and keep her company.

After a short self-introduction, I helped her with the 3. \_\_\_\_\_ (**register**) card, filling in personal information such as sex, nationality and so

on. Being 4. \_\_\_\_\_ **outgoing** girl, I quickly carried her through the **awkward** period.

She has clear learning goals and useful 5. \_\_\_\_\_ (**strategy**). In the **lecture** hall, she **concentrated all her attention on** the **lecturer** and **took notes** carefully. In the physics lab, when doing **experiments**, she looked 6. \_\_\_\_\_ (**annoy**), but with my help, she gradually built up 7. \_\_\_\_\_ (confident) and felt less **anxious** at last.

School was over at 6 **pm**. We **revised** lessons together and then I took her 8. \_\_\_\_\_ (**explore**) the **campus**. She was **curious about** everything. We shared a lot. She dreams of

becoming a 9. \_\_\_\_\_ (**design**) while I **look forward to** 10. \_\_\_\_\_ (have) my own company in the future. What a lovely day!

## Lesson 1 学校生活 (一)

### 主题词汇训练

#### 主题单词

① **apply** *vi. & vt.* 申请; 请求 *vt.* 应用; 涂 (油漆、乳剂等)

(1) 单句填空

① There has been a rise in the number of students \_\_\_\_\_ (apply) for food courses at UK universities and colleges.

② [2021 · 北京卷] If you do not receive any update within six months, it means that your \_\_\_\_\_ (apply) has not been successful.

③ [译林选修四] An interview provides an opportunity for the \_\_\_\_\_ (apply) to learn more about the job and the company, and to discover whether this job is right for him or her.

(2) 完成句子

④ Knowing a Chinese painting exhibition will be held at the gallery next month, \_\_\_\_\_ (应用文写作之申请信) 得知画廊下个月将举办中国画展览, 我写信申请成为一名志愿者。

⑤ To enrich his own life, the old man \_\_\_\_\_ (一直致力于保护野生动物) since he retired.

#### [归纳总结]

(1) apply... to... 把……涂到……上; 把……运用于……

apply (to...) for (向……) 申请

apply to do sth 申请做某事

apply oneself to (doing) sth... 某人专心于/致力于……

(2) applicant *n.* 申请人

(3) application *n.* 申请; 申请书; 应用

② **struggle** *n. & vi.* 斗争; 奋斗; 搏斗

(1) 单句填空

① [2019 · 天津卷] He is 53 years old. Most of his adult life has been a losing struggle \_\_\_\_\_ debt and misfortune.

② He had a difficult life, \_\_\_\_\_ (struggle)

with mental illness and poverty, but he found comfort and meaning in his painting.

③ [2020 · 全国新高考 II 卷] Many of their families were struggling \_\_\_\_\_ (make) ends meet.

(2) 完成句子

④ Suddenly, he was stuck in the mud and couldn't get out. \_\_\_\_\_

\_\_\_\_\_ . He screamed for help, but all in vain. (读后续写之场景描写)

突然, 他被困在泥里, 出不去了。他奋力挣扎, 但还是被困住了。他大声呼救, 但都无济于事。

⑤ Though he was badly wounded, he \_\_\_\_\_ and went on running. (读后续写之动作描写)

虽然他伤得很重, 但他挣扎着站起来继续跑。

#### [归纳总结]

(1) struggle with 与……斗争

struggle for 为争取……而斗争

struggle against 与……斗争; 为反对……而斗争

(2) struggle to do sth (= make great efforts to do sth) 努力做某事

struggle to one's feet 挣扎着站起来

③ **absorb** *vt.* 理解; 掌握; 吸收; 吸引全部注意力

(1) 单句填空

① At night, the heat \_\_\_\_\_ (absorb) by the wall during the day warms the cool air, creating a comfortable temperature inside the house.

(2) 完成句子

② As I watched the traditional dance performance, I \_\_\_\_\_ the graceful movements and beautiful music. 当我观看传统舞蹈表演时, 我完全沉浸在优雅的动作和优美的音乐中。

#### [归纳总结]

(1) absorb/attract/draw one's attention 吸引某人的注意力

(2) absorbed *adj.* 全神贯注的, 专心致志的

be/get absorbed in... 全神贯注于……, 专注于……



#### ④ effort *n.* 努力;艰难的尝试;尽力

##### (1) 单句填空

① He's jogging around the park every morning \_\_\_\_\_ an effort to get fit.

② [2023 · 北京卷] Efforts \_\_\_\_\_ (improve) teaching at the university level have recently emerged.

③ The local clubs are making every effort \_\_\_\_\_ (interest) more young people.

##### (2) 完成句子

④ [2022 · 新高考全国 I 卷] At the sound of the signal gunshot, runners shot out like bullets, except David. \_\_\_\_\_,

step by step. (读后续写之动作描写)

信号枪声一响,除了戴维,赛跑者都像子弹一样飞奔而出。他吃力地拖着双腿,一步一步地走着。

⑤ We should \_\_\_\_\_ our cultural legacies, especially those old buildings which can tell us the ancient legends.

我们应该不遗余力地保护我们的文化遗产,特别是那些能给我们讲述古代传奇的古老建筑。

##### [归纳总结]

(1) make efforts/an/every effort to do sth

努力/尽一切努力做某事

spare no effort to do sth

不遗余力去做某事

(2) with (an) effort

努力地

without effort

毫不费力地

in an effort to do sth

努力/试图去做某事

#### ⑤ reward *n.* 回报;奖励;报酬 *vt.* 奖励;奖赏;给以报酬

##### (1) 单句填空

① This may seem difficult at first, but when you finally make your great discovery, your efforts \_\_\_\_\_ (reward).

② [2023 · 全国甲卷] A day's work was rewarded \_\_\_\_\_ £ 5 in pocket money.

③ [2023 · 全国乙卷] Learning about the requirements of each plant can be very \_\_\_\_\_ (reward).

##### (2) 完成句子

④ [2020 · 天津卷] I'm more than delighted to \_\_\_\_\_.

After all, we students have realised that we must study harder \_\_\_\_\_.

\_\_\_\_\_ (应用文写作之活动感受)

我非常高兴地向大家介绍这次既有意义又重要的成人礼(coming-of-age ceremony)。毕竟,我们学生已

经意识到,我们必须更加努力地学习,以回报老师和家长的耐心指导。

##### [归纳总结]

(1) give/offer a reward to sb for sth

为某事而给某人报酬

in reward for

作为对……的报酬/报答

as a reward for...

作为对……的报酬/奖赏

(2) reward sb with sth for (doing) sth

因……用某物酬谢/报答某人

(3) rewarding *adj.*

值得做的,有益的

#### ⑥ argue *vt. & vi.* 论证;争辩;争论

##### (1) 单句填空

① Mary argued \_\_\_\_\_ publishing this book, firmly believing that it was harmful to children.

② [2021 · 北京卷] You can engage in an \_\_\_\_\_ (argue) respectfully without stirring up anger.

##### (2) 完成句子

③ There is great excitement and argument over artificial intelligence. \_\_\_\_\_.

\_\_\_\_\_ (应用文写作之现象讨论)

人们对人工智能充满了兴奋和争论。关于机器人是否会取代课堂上的老师的争论非常激烈。

④ We tried many ways to \_\_\_\_\_, but in vain.

我们尝试了多种方法去说服他听从我们的建议,但都是白费力气。

##### [归纳总结]

(1) argue with sb about/over sth

与某人争论/辩论某事

argue for/against

为赞成/反对……而据理力争

argue sb into/out of doing sth

说服某人做/不做某事

argue that... (should) do

主张……,认为……

(2) argument *n.*

争论;辩论;争吵

have an argument with sb

与某人争论

温馨提示:(1)表示“说服/劝说某人做某事”的搭配还有:persuade sb into doing/to do sth, reason sb into doing sth, talk sb into doing sth等。

(2)argue 的名词形式需要去掉 e 加-ment,这是容易出错的地方。

#### ⑦ compete *vi.* 竞争;对抗

##### (1) 单句填空

① [2019 · 全国卷 III] When they were free from work, they invited us to local events and let us know of an interesting \_\_\_\_\_ (compete) to watch, together with the story behind it.

②[2020·全国新高考I卷] Museums must compete \_\_\_\_\_ people's spare time and money with other amusements.

③[北师选修二] To stand out in a world of \_\_\_\_\_ (compete) advertising, they must combine the highest standard of design with creative ways.

(2)完成句子

④ In the spelling bee competition, the students \_\_\_\_\_ the title of the best speller in the school. (应用文写作之学校活动报道)

在拼字比赛中,学生们为学校“最棒的拼写者”的称号而彼此竞争。

⑤What a pity! This is the second time that he \_\_\_\_\_ and missed it.

真遗憾!这是他第二次竞争金牌,(结果)又失败了。

#### [归纳总结]

- (1) compete with/against 和……竞争  
compete for 为了……而竞争  
compete in 参加……比赛  
(2) competitive *adj.* 有竞争力的  
(3) competition *n.* 竞争  
(4) competitor *n.* 竞争者

### ⑧ recommend *vt.* 建议;推荐;介绍

(1)单句填空

①[2021·新高考全国I卷] If I had to make just one \_\_\_\_\_ (recommend) for where to stay in Rome, it would be Yellow Hostel.

②[2022·全国乙卷] It is believed that today's children and teenagers are consuming three times the \_\_\_\_\_ (recommend) level of sugar, putting them at a higher risk of the disease.

③Eye doctors recommend that a child's first eye examination \_\_\_\_\_ (take) at the age of six months old.

(2)完成句子/一句多译

④With the advantages mentioned above, I \_\_\_\_\_ and your participation deserves our expectation. (应用文写作之推荐信)

鉴于上述优势,我向您强烈推荐我们的俱乐部,您的加入值得我们期待。

⑤我建议你在做任何决定之前要三思而后行。  
→I \_\_\_\_\_ before you make any decision. (用不定式)

→I recommend that \_\_\_\_\_ before you make any decision. (用宾语从句)

#### [归纳总结]

- (1) recommend doing... 建议做……  
recommend sb to do sth 建议某人做某事  
recommend sth to sb 向某人推荐某物  
recommend that sb (should) do... 建议某人做……(从句用虚拟语气)  
It's (strongly/highly) recommended that sb (should) do... (强烈)建议某人做……  
(2) recommendation *n.* 推荐;求职介绍信

### ⑨ impress *vt. & vi.* 使钦佩,给……留下深刻印象;使意识到

(1)单句填空

①[人教必修一 U3] Jordan's skills were \_\_\_\_\_ (impress), but the mental strength that he showed made him unique.

②The teacher impressed \_\_\_\_\_ the students the significance of hard work and dedication in achieving their goals.

③At the first sight, the young girl impressed me \_\_\_\_\_ her big, bright smile.

(2)一句多译

④[2022·全国甲卷] 南极洲过去给我留下了其他地方所没有的深刻印象。

→I \_\_\_\_\_ Antarctica that no other place has. (impress)

→Antarctica \_\_\_\_\_ me that no other place has. (impression)

#### [归纳总结]

- (1) impress sb with sth 某事给某人留下印象  
impress sth on/upon sb 使某人铭记某事;使某人明白某事物的重要性  
be impressed with/by... 对……有深刻印象  
(2) impression *n.* 印象,感想  
leave/have/make an impression on/upon sb 给某人留下印象  
(3) impressive *adj.* 令人钦佩的,给人深刻印象的

### 主题词块

#### ① focus on/upon 集中;特别关注

(1)单句填空

①[2023·北京卷] It has been proved that people have a bias (偏向) towards the present, \_\_\_\_\_ (focus) on loud attractions in the moment at the expense of the health.

②[2021·新高考全国I卷] Emotional intelligence, with its focus \_\_\_\_\_ both head and heart, may serve to point us in the right direction.

③ While going rock climbing, you need to remain very \_\_\_\_\_ (focus) so that you won't make any dangerous errors.

## (2) 句式升级

④ He stood before the crowd, feeling very uneasy as all the eyes \_\_\_\_\_ him.

→ He stood before the crowd, feeling very uneasy \_\_\_\_\_ him. (用 with 复合结构改写) 他站在人群面前, 当所有人的目光都集中在他身上时, 他感到很不安。

### [归纳总结]

focus vi. & vt. 集中(精力、注意力等);  
(使)调节焦距  
n. 中心点; 重点; 焦点  
focus/concentrate/fix one's attention/mind/efforts on/upon... 集中注意力/精力于……  
the focus of sth ……的焦点

## ② look forward to 盼望; 期待

### (1) 单句填空

① [外研必修一] I knew I had done a good job and

was looking forward to \_\_\_\_\_ (get) a positive comment.

② The Internet gives people the chance to have the information they look forward to \_\_\_\_\_ (deliver) to them quickly and cheaply.

### (2) 完成句子

③ [2023·新高考全国 II 卷] Don't throw away your beginner art. You'll want to \_\_\_\_\_ (回顾) your journey to see how far you've come.

④ Small acts of kindness will go a long way. \_\_\_\_\_ .  
(应用文写作之倡议书) 小小的善举会有很大的帮助。期待您的积极参与。

### [归纳总结]

look up to 钦佩; 仰慕; 尊敬  
look back (on) 回顾; 回忆  
look down upon/on... 轻视/看不起……

温馨提示: look forward to 中的 to 为介词, 遇到动词作宾语时, 要用 v.-ing 形式。

## 重点句型运用

句型: “find + 宾语 + 宾补”结构

I found most of my classmates and teachers friendly and helpful.

我觉得我的大多数同学和老师都很友好, 而且乐于助人。

### 完成句子

① After entering high school, I \_\_\_\_\_ (发现自己很难适应新的学校生活), so I feel deeply confused and anxious, and sincerely hope that you can provide me with some practical and workable advice. (应用文写作之求助信)

② Jenny dove into the sea and soon \_\_\_\_\_ (发现自己被包围) by a group of colourful fish.

③ [2022·新高考全国 I 卷] After making sure that David could run if he wanted, \_\_\_\_\_

\_\_\_\_\_, his small body rocking from side to side as he swung his feet forward. (读后续写之动作描写)

在确定戴维想跑就跑之后, 我转过身来, 发现他向我走来, 双脚向前摆动时, 他的小身体左右摇摆。

### [句式点拨]

此句中使用了“find + 宾语 + 宾补”结构, 形容词 friendly 和 helpful 在句中作宾语补足语。

### [相关拓展]

(1) “find + 宾语 + 宾补”结构中可作宾补的有:

形容词/副词/介词短语  
现在分词(表主动和正在进行)  
过去分词(表被动和完成)

(2) find oneself... 意为“在不知不觉中发现自己处于某种境地”。

(3) find + it + adj./n. + to do (it 作形式宾语, to do 作真正的宾语)

## 主题多维检测

### Part I 基础检测

#### ① 单句填空

1. [2022·新高考全国 I 卷] With a workout partner, you will increase your training effort as there is a subtle (微妙) \_\_\_\_\_ (compete).

2. [2021·北京卷] The most \_\_\_\_\_

(reward) day for our group was project day, when all the efforts we put into collecting the items finally came together.

3. I do believe that this year's music festival will surely leave a deep \_\_\_\_\_ (impress) on you.

4. I was wondering if you could polish my \_\_\_\_\_ (apply) letter at your convenience.
5. I'm **looking forward to** \_\_\_\_\_ (exchange) ideas with the **designer** after the **lecture**.
6. Without second thoughts in my mind, I was \_\_\_\_\_ (absorb) in this as if this was the only thing I needed to do in the world.
7. The audience warmly applauded when the \_\_\_\_\_ (perform) came to an end.
8. Every \_\_\_\_\_ (recommend) she gives me is great since she can predict if I will like a particular restaurant.
9. This \_\_\_\_\_ (argue) seems convincing, but is easily overturned.
10. There have been some impressive \_\_\_\_\_ (entry) in the wildlife photography section.

## II 词块运用

1. [2023 · 全国乙卷] It is recently reported that the number of those \_\_\_\_\_ (坚持) a traditional diet is slowly declining and around half of Britain's consumers would like to change or **improve** their cooking in some way.
2. Faced with new **challenges**, I will **make the most of** each day and \_\_\_\_\_ (全力以赴) to learn every subject well.
3. Thanks for your kind consideration and I \_\_\_\_\_ (期待) your earliest reply.
4. Let's leave aside our differences and \_\_\_\_\_ (关注) finding a **solution** that benefits everyone.
5. We highly **recommend** that you \_\_\_\_\_ (报名参加) this course.
6. I did not understand all of the traditional

customs, but a few \_\_\_\_\_ (给……留下了深刻的印象) me.

7. Being offered a **scholarship** to study abroad is an amazing opportunity to \_\_\_\_\_ (拓展视野) and immerse yourself in a new culture.

8. Learning that a volunteer is needed for an exhibition of traditional Chinese painting, I am writing to \_\_\_\_\_ (申请) the post.

## III 主题语篇填空

注意:加黑词汇为本单元复现词汇

My first day at **senior high** finally arrived 1. \_\_\_\_\_ I had pictured it over and over again in my mind. The **campus** was still quiet when I arrived, so I decided to **explore** a bit. I was looking at the photos on the noticeboard when I heard 2. \_\_\_\_\_ voice behind me. "New here?" 3. \_\_\_\_\_ (turn) around, I saw a white-haired man. When my English teacher 4. \_\_\_\_\_ (step) into the classroom, I was surprised to see the same man I had met earlier. He asked us to introduce 5. \_\_\_\_\_ (we) to the class one by one. When I said "Hi, I'm Meng Hao." everyone started laughing. 6. \_\_\_\_\_ turned out that I shared the same name with my English teacher. I had been too nervous 7. \_\_\_\_\_ (pay) attention when he introduced himself. Although I was 8. \_\_\_\_\_ (embarrass), his words made me a lot more relaxed! He also told us **challenges** might sometimes put us under 9. \_\_\_\_\_ (press). But if we can keep **calm** and be prepared, we'll make the most of our time at senior high.

People say, "Well begun, half 10. \_\_\_\_\_ (do)." I guess this was a good beginning to my new school life.

## Part II 写作提升

### I 应用文写作之征文比赛

假定你是李华,为迎接高考,学校英语社团将举办“我为学习献计策”的征文比赛活动,请你写一篇短文参赛。内容如下:

1. 背景介绍;
2. 提出建议;
3. 鼓励前行。

#### 【主题词块填空】

With the college entrance exam approaching, some Senior 3 students are 1. \_\_\_\_\_ (处于压力之下). How to 2. \_\_\_\_\_ (保持乐观的态度) is crucial to 3. \_\_\_\_\_

\_\_\_\_\_ (提高学习效率). Here are some tips for that.

First of all, try to be 4. \_\_\_\_\_ (对生活中的一切乐观). No matter what arises, believe you have the ability to deal with it. Second, 5. \_\_\_\_\_ (集中注意力于) **performing** the task at hand instead of **anxieties**, fears and doubts. What's more, 6. \_\_\_\_\_ (设定短期目标并奖励自己) when you have **achieved** each one, which will make you feel motivated to **keep up with** the good work.

No **pressure**, no diamonds. So please choose to be **positive** even if you are facing **pressure**.

## II 读后续写表达练

### 【语段表达】

Last year, I had the chance to study at a British secondary school as 1. \_\_\_\_\_ (一名交换生). I stayed with a lovely 2. \_\_\_\_\_ (寄宿家庭) and went to school with their son, Daniel. We were both in year ten and we got on well.

I enjoyed most of the classes, but some of them 3. \_\_\_\_\_ (很有挑战性). Technology classes were fun. I made a clock to take home. The teacher helped me put the parts together. I 4. \_\_\_\_\_ (如此喜欢它以至于) I still use it as my alarm! I 5. \_\_\_\_\_ (发现数学很容易并且很有趣)

because the material was 6. \_\_\_\_\_ (较低阶) in the UK than in China. However, learning in English 7. \_\_\_\_\_ (是个巨大的挑战) for me. There were a lot of difficult English words, especially in Geography and Biology. Class discussion is very important in the UK, but I could not make a great contribution because sometimes I wasn't able to express myself clearly in English. Although there was not as much homework as I was used to, it was still challenging. Fortunately, my teachers and classmates were always helpful and 8. \_\_\_\_\_ (给我很多鼓励). 9. \_\_\_\_\_ (我的语言能力得到了提高) over time.

## Lesson 2 学校生活(二)

### 主题词汇训练

#### 主题单词

#### ① anxious *adj.* 焦虑的, 不安的; 渴望的

##### (1) 单句填空

① After two defeats, the team are now anxious \_\_\_\_\_ a victory to cheer up the players.

② [2022 · 全国甲卷] When I was 14, I was so anxious \_\_\_\_\_ (see) more art that a friend of mine and I bicycled across the Alps to see *Venus*.

③ [2021 · 北京卷] According to researchers, listening to just 30 minutes of soft music every day may help with healthy blood sugar levels, through the lowering of stress and \_\_\_\_\_ (anxious).

##### (2) 完成句子

④ They all \_\_\_\_\_ at their desks for the exam to begin. The professor handed out the exam papers with the text facing down, as usual. 他们全都坐在桌旁焦急地等待考试的开始。像往常一样, 教授将试卷正文朝下分发下去。

⑤ Faced with everything unfamiliar, I \_\_\_\_\_. I couldn't adapt to the new school. \_\_\_\_\_, my English teacher encouraged me to face everything courageously. (读后续写之心理描写) 面对陌生的一切, 我感到焦虑和孤独。我无法适应新学校。看到我的焦虑, 我的英语老师鼓励我勇敢面对一切。

#### [归纳总结]

- |                              |            |
|------------------------------|------------|
| (1) be anxious about sth     | 为某事担心/担忧   |
| be anxious for sth/to do sth | 渴望某事/做某事   |
| (2) anxiety <i>n.</i>        | 焦虑, 忧虑, 担心 |
| with anxiety (= anxiously)   | 焦虑地        |

#### ② annoyed *adj.* 恼怒的, 烦恼的

##### (1) 单句填空

① He was beginning to get very annoyed \_\_\_\_\_ me about my carelessness.

② We're annoyed \_\_\_\_\_ his unfriendly attitude towards his old friends.

③ [2020 · 全国卷 II] Who hasn't received an e-mail so \_\_\_\_\_ (annoy) that it ruined an entire day?

##### (2) 完成句子

④ \_\_\_\_\_ (失望甚至有点恼火), Kayla had no choice but to accept the fact.

⑤ \_\_\_\_\_ (令我们非常生气的是), we couldn't see anything from the back row of the theatre.

#### [归纳总结]

- |                             |                  |
|-----------------------------|------------------|
| (1) be annoyed at/about sth | 因某事而烦恼, 对某事感到恼怒  |
| be annoyed with sb          | 生某人的气, 被某人惹恼     |
| (2) annoy <i>vt.</i>        | 使恼怒, 使生气; 打扰, 骚扰 |

- (3) **annoying** *adj.* 使恼怒的, 使生气的, 使烦恼的  
 (4) **annoyance** *n.* 恼怒, 生气, 烦恼; 使人烦恼的事  
 to one's annoyance 使某人生气的是

### ③ **frightened** *adj.* 惊吓的; 害怕的

#### (1) 单句填空

① [2020 · 全国新高考 II 卷] He kicked it wide open, finding a \_\_\_\_\_ (frighten) woman in a wheelchair with a little boy and a tiny baby.

② When he heard the \_\_\_\_\_ (frighten) news that an earthquake occurred again in Sichuan, a \_\_\_\_\_ (frighten) look came into his face.

#### (2) 完成句子

③ \_\_\_\_\_, I felt the joy of learning to do something independently and grateful for the meaningful memory with my father. (读后续写之个人感受)  
 尽管这段经历有点可怕, 但我感到了学会独立做某事的快乐, 并感谢与父亲(在一起)的那段有意义的回忆。

④ When giving her speech for the first time on the stage, she \_\_\_\_\_ she could not fix her thoughts on anything. 当她第一次上台演讲时, 她非常害怕, 以至于什么都想不起来。

#### [归纳总结]

- (1) **be frightened of...** 对……感到害怕  
**be frightened to do sth** 害怕做某事  
**be frightened to death** 吓得要死  
 (2) **frighten v.** 使惊吓; 吓唬  
**frighten sb/sth off/away** 将某人/某物吓跑  
 (3) **frightening adj.** 令人恐惧的

### ④ **curious** *adj.* 好奇的, 求知欲强的

#### (1) 单句填空

① [2020 · 全国卷 III] Filled with \_\_\_\_\_ (curious), the artist packed his bags and left.

② Everybody on board was worried and we were curious \_\_\_\_\_ (find) out what had happened.

③ He looked at me \_\_\_\_\_ (curious) as if he had some doubt which he did not dare to express.

#### (2) 完成句子

④ \_\_\_\_\_, Frank stopped to get closer to the scene, only to find the man took a step forward and dropped into the dark river below. (读后续写之心理描写)

弗兰克既好奇又困惑, 停下来靠近现场, 却发现这名男子向前走了一步, 掉进了下面黑暗的河里。

⑤ \_\_\_\_\_ (对……感到好奇) traditional Chinese culture, she came to China and soon fell in love with Chinese.

#### [归纳总结]

- (1) **be curious about sth** 对某事好奇  
**be curious to do sth** 极想做某事  
 (2) **curiosity n.** 好奇心  
**with curiosity** 好奇地  
**out of curiosity** 出于好奇

### ⑤ **eager** *adj.* 渴望的; 热切的

#### (1) 单句填空

① I handed in my application for the job last week and I am now \_\_\_\_\_ (eager) awaiting their reply.

② People from all walks of life are eager \_\_\_\_\_ success, to which lack of confidence, however, is a great barrier.

③ [外研必修一] I woke up early and rushed out of the door in my \_\_\_\_\_ (eager) to get to know my new school.

#### (2) 完成句子

④ Soon, it started to rain heavily. \_\_\_\_\_, Margarito began to drive faster. (读后续写之心理描写)

很快, 天开始下起大雨来。马加里托急于回家, 开始加快车速。

⑤ Upon our arrival at home, Angela ran to the garbage for the carpet \_\_\_\_\_ but couldn't find it. 我们一到家, 安杰拉就急切地跑到垃圾箱去找地毯, 但没找到。

#### [归纳总结]

- (1) **be eager for sth (= long for sth)** 渴望某物  
**be eager to do sth (= long to do sth)** 渴望做某事  
 (2) **eagerly adv.** 急切地; 渴望地  
 (3) **eagerness n.** 渴望  
**with eagerness** 急切地

### ⑥ **embarrassed** *adj.* 难堪的; 尴尬的

#### (1) 单句填空

① We apologise for any \_\_\_\_\_ (embarrass) this may have caused.

② I made a promise to myself to never laugh at others when they have an \_\_\_\_\_ (embarrass) moment.

③ [北师选择性必修二 U4] I was so \_\_\_\_\_ (embarrass) that I wanted the floor to open up and consume me.

(2) 完成句子

④ \_\_\_\_\_ (令她非常尴尬的是), she heard others whispering about her mum's ugly face.

⑤ When it was his turn to deliver his speech, Tom walked towards the microphone, \_\_\_\_\_ (既紧张又尴尬). (形容词作状语)

#### [归纳总结]

(1) be embarrassed about/at sth

因……感到尴尬

be embarrassed to do sth

因做某事而感到尴尬

(2) embarrassment *n.*

尴尬, 难为情

to one's embarrassment

令某人尴尬的是

with/in embarrassment

尴尬地

(3) embarrass *v.*

使尴尬, 使窘迫

(4) embarrassing *adj.*

令人尴尬的, 使人难堪的

### ⑦ equipment *n.* [U] 设备; 装备

(1) 单句填空

① The goal of the course is to equip people \_\_\_\_\_ the skills necessary \_\_\_\_\_ a job in this technological age.

② [2021·浙江6月考] At this point, it is not clear why dogs seem to \_\_\_\_\_ (equip) with the ability to recognize different facial expressions in humans.

③ [2021·全国甲卷] After spending some time looking at all the defensive \_\_\_\_\_ (equip) at the wall, we decided it was time for some action.

(2) 完成句子

④ Having a good knowledge of traditional Chinese culture, I can give visitors a vivid introduction. Besides, I have volunteered in some activities, \_\_\_\_\_ . (应用文写作之申请信)

我对中国传统文化有很好的了解, 可以给来访者做一个生动的介绍。此外, 我还在一些活动中做过志愿者, 这使我具备了各种相关的经验。

⑤ What benefits me most is your selfless guidance on my English pronunciation, which \_\_\_\_\_

\_\_\_\_\_, but also boosts my confidence to face up to the challenge.

让我最受益的是您对我英语发音的无私指导, 这不仅让我具备了流利地表达自己的能力, 也增强了我面对挑战的信心。

#### [归纳总结]

(1) a piece of equipment

一件设备

(2) equip *vt.*

装备; 配备 (equipped, equipped, equipping)

equip... for...

为……装备……; 使……为……做好准备

equip... with...

用……装备……

be equipped with... 装备着……; 配备……

### ⑧ schedule *n.* 工作计划; 日程安排 *vt.* 安排; 预定

(1) 单句填空

① [2022·全国乙卷] With busy \_\_\_\_\_ (schedule), squeezing in phone calls can be a challenge.

② The English singing competition (which is) \_\_\_\_\_ (schedule) for next week has been cancelled for no reason.

(2) 完成句子

③ The courses \_\_\_\_\_ (定于……举行) in the school lecture hall from 4:00 pm to 4:45 pm every Wednesday.

④ \_\_\_\_\_ (按计划), I am going to participate in a trial of the basketball team, which I have been preparing for over the past several months.

#### [归纳总结]

(1) ahead of schedule (= ahead of time)

(进度上) 提前

on schedule (= on time)

准时

a busy/tight schedule

紧张的日程安排

(2) be scheduled to do sth

计划/安排做某事

as scheduled

如期; 按照预定时间

### 主题词块

#### ① in panic 惊慌地

(1) 单句填空

① [2021·北京卷] She seemed to be \_\_\_\_\_ panic, and then reality dawned.



②Her owner Mike Holden \_\_\_\_\_ (panic) and called the coastguard of Cornwall, who turned up in seconds.

③The school received a call from a \_\_\_\_\_ (panic) student who lost all his coursework on a train.  
(2)完成句子

④The roar of the wild wolf \_\_\_\_\_, and I wasn't aware of how to ease the overwhelming panic. (读后续写之心理描写)  
野狼的咆哮声把我吓得尖叫起来,我不知道如何缓解这无法抵挡的恐慌。

⑤What delighted me more was that they fully \_\_\_\_\_, winning storms of cheers and applause. (读后续写之心理描写)  
更让我高兴的是,他们完全享受他们的表演,没有感到丝毫的恐慌,并赢得了暴风雨般的欢呼和掌声。

[归纳总结]

(1) get into a panic 陷入恐慌  
a moment/wave of (blind) panic 一阵(莫名的)惊慌

panic over/about/at... 对……的恐慌

(2) panic sb into doing sth 使某人仓惶行事

② pay off 取得成功;得到回报;还清(借款)

完成句子

① \_\_\_\_\_ (他所有的努力得到了回报), and he was finally selected for the school team.

② \_\_\_\_\_ (参观) historic sites enables us to get exposed to our history and culture in depth, which, to some extent, strengthens our national confidence and pride.

③ The assistant asked him to leave, but Dickie \_\_\_\_\_ (不理睬) him and requested to see the manager.

[归纳总结]

pay for 支付;为……付出代价  
pay back 偿还;报复;回报  
pay a visit to 参观,拜访  
pay (no) attention to 注意/不理睬

重点句型运用

句型: **so + adj./adv. + that ...** 如此……以至于……

...but the teacher spoke **so fast that** I couldn't take everything down.

……但是老师说得太快了,以至于我无法把所有内容都记下来。

完成句子/句式改写

① Seeing the bear coming towards her, she was \_\_\_\_\_

(如此紧张和害怕,以至于她的脑子一片空白).

②He heard \_\_\_\_\_ (如此可怕的声音) that his heart began to race.

③[2021·全国乙卷] As soon as I saw the crowd of people down there, my heart beat so fast that I was unable to say a single word.

→As soon as I saw the crowd of people down there, \_\_\_\_\_ I was unable to say a single word. (用倒装句改写)

[句式点拨]

so/such... that... (如此……以至于……) 都可用来自引结果状语从句,常构成如下结构:

so +  $\left[ \begin{array}{l} \text{adj./adv.} \\ \text{adj. + a/an + n.} \\ \text{few/many/much/little + n.} \end{array} \right]$  + that 从句

such +  $\left[ \begin{array}{l} \text{a/an + adj. + n.} \\ \text{adj. + 复数/不可数名词} \end{array} \right]$  + that 从句

温馨提示: so + adj. + a/an + n. + that... = such + a/an + adj. + n. + that...

为强调 so... that... 句型中的形容词或副词,可以把 so 放在句首,主句用部分倒装结构。

主题多维检测

Part I 基础检测

① 单句填空

1. [2023·新高考全国II卷] Though some are

initially scared of the insects and turned off by the dirt, most are eager \_\_\_\_\_ (try) something new.

2. [2023·北京卷] The amount of time needed to build a habit will depend on multiple factors, including the individual and the intended \_\_\_\_\_ (behave).

3. The pictures were taken by the Solar Dynamics Observatory (SDO), which is the most \_\_\_\_\_ (advance) spacecraft ever **designed** to study the Sun.

4. On seeing the \_\_\_\_\_ scene, she was so \_\_\_\_\_ that she burst out crying. (frighten)

5. Out of \_\_\_\_\_ (curious), I attended a **lecture** on cultural diversity during an international **exchange** programme.

6. When I began to sing they seemed to whisper something, which made me nervous and \_\_\_\_\_ (embarrass).

7. Our school held a special fashion show last week on which we wore clothes \_\_\_\_\_ (design) by ourselves.

8. I was less than thrilled about starting college, let alone leaving my mother's side to tour the **campus** with other **freshmen**; I felt a little \_\_\_\_\_ (anxiety).

9. Disappointed and even a little \_\_\_\_\_ (annoy), Kayla had no choice but to accept the fact.

10. With the aid of the most **advanced** \_\_\_\_\_ (equip), new facts about the ancient pyramids in Egypt have recently come to light.

## II 词块运用

1. The moment the theatre caught fire, the audience ran out \_\_\_\_\_ (惊慌地).

2. In the end, with his wife's encouragement and his determination, all his efforts finally \_\_\_\_\_ (得到回报).

3. I stepped into the teacher's office \_\_\_\_\_ (情绪紧张) and was told that I had been selected for the football team. My face lit up instantly.

4. To fully achieve your **potential**, it is important

for you to \_\_\_\_\_ (充分利用) our school resources.

5. I tried my best and walked as fast as I could, but I failed to \_\_\_\_\_ (追上) others after all.

6. However, you'll also need to \_\_\_\_\_ (注意) the interviewer's responses to determine whether to provide more details or not.

## III 主题语篇填空

**Senior** high school is a world full of 1. \_\_\_\_\_ (challenge): a new environment, new knowledge and new ways of **thinking**. However, for those 2. \_\_\_\_\_ have a **positive** mind, **opportunity** lies in each **challenge**. When you work hard to get over the **challenges**, you have the **opportunity** 3. \_\_\_\_\_ (acquire) great knowledge and enjoy personal growth.

**Potential** is your natural ability that can 4. \_\_\_\_\_ (develop) when you try hard enough. Over the next three years, you 5. \_\_\_\_\_ (discover) your **potential** while you develop as a student and as a person. To fully realize your **potential**, 6. \_\_\_\_\_ is important for you to **make the most of** your school **resources**. **Take advantage of** your classes, learn from your teachers and classmates, and make use of our school **facilities**.

Of **equal** 7. \_\_\_\_\_ (important) are good study habits, useful skills and a **positive attitude**. Carefully plan your study, set clear **goals** and **balance** your schoolwork 8. \_\_\_\_\_ other activities. **Last but not least**, always look on the bright side and never lose hope, even in difficult situations.

As Lao-Tzu 9. \_\_\_\_\_ (wise) said, "A journey of a thousand miles begins with a single step." You need to make a 10. \_\_\_\_\_ (continue) effort to train your mind and develop your **character**.

## Part II 写作提升

### I 应用文写作之邀请信

[2022·新高考全国I卷] 假定你是校广播站

英语节目“Talk and Talk”的负责人李华,请给外教 Caroline 写邮件邀请她做一次访谈。内容包括:

- 1. 节目介绍;
- 2. 访谈的时间和话题。

(一)谋篇布局:

Paragraph 1: 自我介绍 + 写信目的(邀请访谈)  
Paragraph 2: 写作要点(节目介绍 + 访谈的时间和话题)  
Paragraph 3: 结束语(期盼来信告知)

(二)高级词汇及短语:

- 1. 负责 \_\_\_\_\_
- 2. 提升 \_\_\_\_\_
- 3. 拓宽某人的视野 \_\_\_\_\_
- 4. 流行 \_\_\_\_\_

(三)高级句式:

- 1. 宾语从句  
I am writing to ask \_\_\_\_\_  
\_\_\_\_\_ (你是否有空出席) at our programme next week.

2. 被动结构

The programme \_\_\_\_\_  
\_\_\_\_\_  
(意图是提升学生对英语学习的兴趣、拓宽他们的视野).

3. since 引导的从句

The programme has gained in popularity \_\_\_\_\_  
\_\_\_\_\_ (自从两年前成立以来).

4. 定语从句

Starting at 12 o'clock on Friday, the interview will last forty minutes, \_\_\_\_\_  
(在此期间希望你) cover anything related to English or what school life is like in your country.

(四)连句成篇:

\_\_\_\_\_  
\_\_\_\_\_

II 读后续写表达练

1. 情感细节描写——紧张

have/feel one's heart in one's mouth/throat	心都提到嗓子眼了	have/get butterflies in one's stomach	心里忐忑不安/七上八下
have one's heart pounding/pulse racing	心跳得厉害/脉搏急速跳动	one's throat is dry and tight	某人喉咙干涩
one's tongue feels thick and heavy in one's mouth	某人的舌头打结了	take a deep breath	深吸一口气
go blank	一片空白	a wave/flood of tension/anxiety	一阵紧张/焦虑

A. 单句表达

- 1. As I waited, my heart \_\_\_\_\_.  
当我等待的时候,我的心怦怦直跳。
- 2. As he squeezed my hand tightly, I \_\_\_\_\_.  
当他紧紧抓住我的手时,我感觉忐忑不安。
- 3. I could \_\_\_\_\_ as my name was called. 当我的名字被叫到时,我能感觉到我的心都提到嗓子眼了。
- 4. She was \_\_\_\_\_ she was \_\_\_\_\_ like jelly.  
她太紧张了,以至于腿软发抖。
- 5. \_\_\_\_\_, I called my mum and told her what had happened.  
我既紧张又担忧,打电话告诉了妈妈所发生的事情。

B. 语段表达

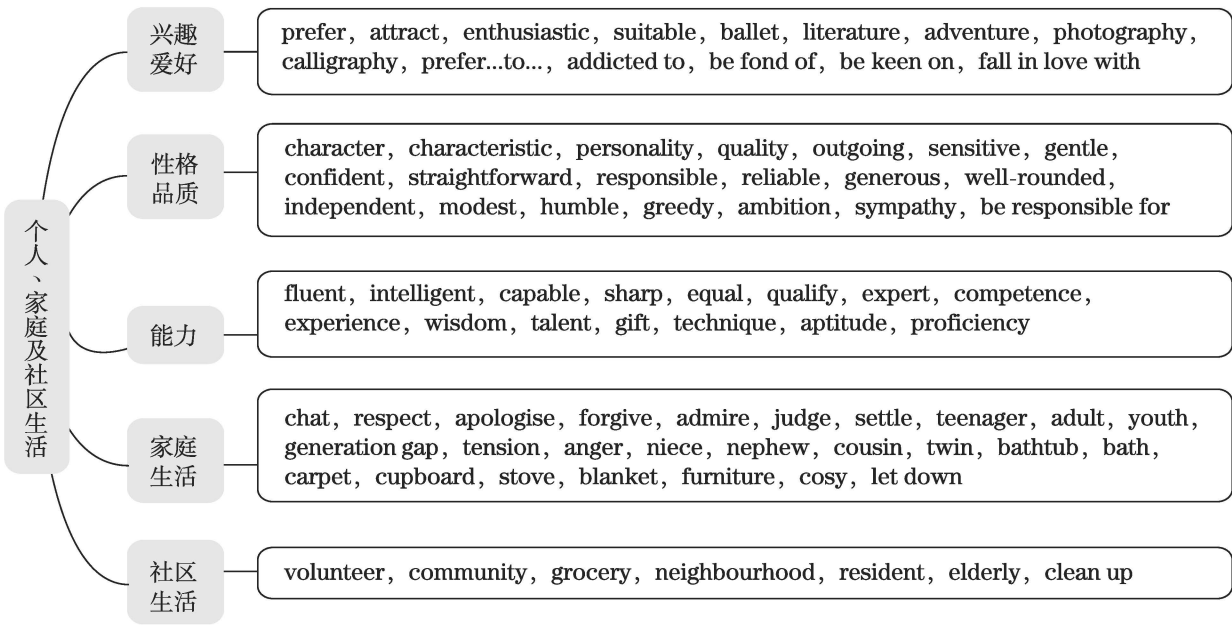
- 1. \_\_\_\_\_ (感到紧张和焦虑), I kept wondering how I could leave the cinema without being noticed. When the movie ended and the lights came on, I remained seated. Hearing the crowds slowly move towards the door, 2. \_\_\_\_\_ (我的心怦怦直跳), but I knew if I stood up, I might be discovered. It felt like forever until almost all the people left. I peeked at where my aunt and uncle had been and found they were gone. Raine 3. \_\_\_\_\_ (向我点头), and we 4. \_\_\_\_\_ (冲出了门) and fled down the stairs. I was running towards the gate of the cinema like crazy when I spotted two familiar figures.

# Unit 2 个人、家庭及社区生活

## 对接教材

教材版本	单元	话题	主题语境
人教版	必修一 Unit 1 Teenage life	青少年生活	人与自我
外研版	必修一 Unit 3 Family matters	家庭生活	人与自我
译林版	必修一 Unit 2 Let's talk teens	青少年生活	人与自我
北师大版	必修一 Unit 1 Life choices	生活的选择	人与自我

## 主题词汇语义场



## 主题词汇再现

★提示：加黑词汇为本单元复现词汇

Being a freshman of senior high school is a challenge. One year closer to becoming 1. \_\_\_\_\_ **adult**, I have to make choices on my own.

What made me 2. \_\_\_\_\_ (confuse) first was which extra-curricular activity to join in. My parents recommended that I should choose the **volunteer** club. 3. \_\_\_\_\_ (actual) I think the English **debate** club is 4. \_\_\_\_\_ (**suitable**) for me. As a **fluent** English speaker, I **am attracted to** the feeling of expressing myself in English in public. I followed my heart finally.

Then came the time to choose courses. I **prefer**

Chinese 5. \_\_\_\_\_ any other subject. My dream is to be an editor or a writer after 6. \_\_\_\_\_ (graduate) from university. What's more, I **am** 7. \_\_\_\_\_ (**addict**) to Chinese literature. 8. \_\_\_\_\_ (obvious) I would sign up for it. Computer science is a course I will never quit. For a **teenager** of my **generation**, to master 9. \_\_\_\_\_ (advance) computer skills is a must. I soon worked out a schedule for my studies. I feel so lucky to be able to focus on what I enjoy doing and **be responsible for** my own 10. \_\_\_\_\_ (behave).

## 主题单词

① **prefer** *vt.* (preferred, preferred, preferring)

较喜欢

(1) 单句填空

① [2022 · 全国乙卷] Friends need to talk about their \_\_\_\_\_ (prefer) methods of communication.

② [2022 · 全国甲卷] Mexicans consider it inappropriate to eat with utensils (餐具), instead \_\_\_\_\_ (prefer) to use their hands.

③ Research has shown that having a preference \_\_\_\_\_ junk food can result in obesity.

(2) 完成句子/一句多译

④ Besides, being an English editor requires you have a good command of English, especially written English. In addition, \_\_\_\_\_ if you have editing experience. (应用文写作之招聘信)

此外, 作为一名英语编辑, 你需要精通英语, 尤其是书面英语。此外, 如果你有编辑经验, 你将是首选。

⑤ 如今一些青少年宁可待在家里上网, 也不愿意到户外进行锻炼。

→ Nowadays some teenagers \_\_\_\_\_ outdoors. (prefer... to...)

→ Nowadays some teenagers \_\_\_\_\_ outdoors. (prefer... rather than...)

→ Nowadays some teenagers \_\_\_\_\_ outdoors. (would rather... than...)

## [归纳总结]

(1) prefer doing/to do sth 宁愿做某事

prefer sb to do sth 宁愿某人做某事

prefer A to B 喜欢 A 多于 B

prefer to do sth rather than do sth

(= would rather do sth than do sth = would do sth rather than do sth) 宁愿做……而不愿做……

(2) preference *n.* 喜爱; 偏爱

have a preference for 偏爱/喜爱……

温馨提示: prefer 意为“更喜欢; 较喜欢”, 不与比较级连用。

② **attract** *vt.* 吸引, 引起……的注意(或兴趣)

(1) 单句填空

① [2022 · 新高考全国 I 卷] A city pass, with which she can visit 12 different \_\_\_\_\_ (attract), including the National History Museum, the Science Museum, the zoo and more.

② [2020 · 全国新高考 I 卷] A few years later, still \_\_\_\_\_ (attract) to the country, he returned to Uzbekistan to write an article about the

disappearance of the Aral Sea.

③ [2020 · 全国卷 I] It's this strange form that makes race walking such an \_\_\_\_\_ (attract) activity.

(2) 完成句子

④ [2022 · 新高考全国 I 卷] As the most popular programme in the school radio station, our programme \_\_\_\_\_ ever since it was set up two years ago. (应用文写作之节目介绍)

作为学校电台最受欢迎的节目, 我们的节目自两年前成立以来, 已吸引了数百名固定听众。

## [归纳总结]

(1) attract one's attention

吸引某人的注意

be attracted to 被……所吸引; 喜爱……

(2) attraction *n.* 吸引; 有吸引力的事物

tourist attractions/spots = places of interest

旅游胜地

(3) attractive *adj.* 有吸引力的; 吸引人的

③ **enthusiastic** *adj.* 热心的, 热衷的

(1) 单句填空

① Whenever I encounter difficulties, you always cheer me up and help me out, which fuels my \_\_\_\_\_ (enthusiastic) for English and boosts my confidence.

② He is an \_\_\_\_\_ (enthusiasm) surfer and spent most of his free time riding the waves.

(2) 完成句子/一句多译

③ He said \_\_\_\_\_ (热情地), “You are my only friend and I wish I could do something to help you walk and run like other kids.”

④ 得知你热衷于中国文化, 我写信邀请你参加下周五在我们学校艺术中心举办的中国传统文化博览会。

→ Learning that \_\_\_\_\_, I am writing to invite you to participate in the Traditional Chinese Culture Fair to be held at the Art Centre in our school next Friday. (enthusiastic *adj.*)

→ Learning that \_\_\_\_\_, I am writing to invite you to participate in the Traditional Chinese Culture Fair to be held at the Art Centre in our school next Friday. (enthusiasm *n.*)

## [归纳总结]

(1) be enthusiastic about 对……热情

(2) enthusiasm *n.* 热忱, 热心, 热情

have/show enthusiasm for... 对……热情

arouse enthusiasm for... 引起对……的热情  
lose enthusiasm for... 对……失去热情  
with enthusiasm 热情地, 热心地  
(3) enthusiastically adv. 热情地, 热心地

#### ④ responsible adj. 有责任的, 负责的; 可靠的

##### (1) 单句填空

① [2023 · 全国甲卷] She warns of the environmental dangers facing society, and she teaches that people must take \_\_\_\_\_ (responsible) for saving their environment.

② It is the parent's responsibility \_\_\_\_\_ (provide) a loving and nurturing environment for their children.

##### (2) 一句多译

③ 他负责我们的戏剧俱乐部, 在他的专业指导下, 我们一起排练并上演精彩的戏剧。

→ He \_\_\_\_\_ our Drama Club, where we rehearse together and present marvelous plays under his professional guidance. (responsible)

→ He \_\_\_\_\_ our Drama Club, where we rehearse together and present marvelous plays under his professional guidance. (responsibility)

##### [归纳总结]

(1) be responsible for 对……负责; 是造成……的原因  
(2) responsibility n. 责任, 职责, 任务  
take responsibility for 对……负责  
It is sb's responsibility to do sth.  
做某事是某人的责任。

#### ⑤ sympathy n. 同情; 赞同

##### (1) 单句填空

① We should express sympathy \_\_\_\_\_ the people who are unlucky, whether they are family members or complete strangers.

② [2022 · 全国乙卷] The one in the new environment should be sympathetic \_\_\_\_\_ the fact that your friend may feel abandoned.

③ The woman sitting at the desk, seeing my madness, \_\_\_\_\_ (sympathetic) jumped up.

##### (2) 完成句子/一句多译

④ In my heart, I knew that \_\_\_\_\_ that we could make that warm and happy Christmas. (读后续写之人物描写)  
在我心里, 我知道正是因为她的慷慨和同情, 我们才能度过那个温暖快乐的圣诞节。

⑤ Meredith 太太同情穷人, 因此每当她有时间的時候, 她都会给他们带来食物和药品。

→ Mrs Meredith \_\_\_\_\_, so

she would bring food and medicine to them whenever she had time. (sympathy n.)

→ Mrs Meredith \_\_\_\_\_, so she would bring food and medicine to them whenever she had time. (sympathetic adj.)

##### [归纳总结]

(1) have/express/feel sympathy for...

对……表示同情

with sympathy = sympathetically

同情地

out of sympathy 出于同情

(2) sympathetic adj. 同情的

be sympathetic to/towards...

对……感到同情/赞同

温馨提示: 表达“同情; 怜悯”的短语还有: have mercy on; take pity on.

#### ⑥ qualify vt. & vi. (使)具备资格; (使)合格

##### (1) 单句填空

① Some nursing experience is a necessary \_\_\_\_\_ (qualify) for this job.

② [2021 · 新高考全国 II 卷] Come and work out with our \_\_\_\_\_ (qualify) personal trainer, Jodie McGregor, on the grounds of the Middleton Lodge estate.

③ Only a college diploma doesn't qualify you \_\_\_\_\_ (take) up the job.

##### (2) 完成句子

④ With a good command of English and outgoing personality, I firmly believe that \_\_\_\_\_

\_\_\_\_\_ . (应用文写作之申请信)  
我有很好的英语能力和外向的性格, 我坚信我完全胜任这个职位。

##### [归纳总结]

(1) qualify (sb) for sth (使某人)具备……的资格

qualify sb to do sth 使某人具备做某事的资格

(2) qualified adj. 合格的; 有资格的

be (highly/well) qualified for (= be fit for...)

(高度/完全)具备……的资格

be qualified to do sth 有资格做某事

(3) qualification n. 资格; 学历

#### ⑦ equal n. 同等的人; 相等物 adj. 相同的; 同样的 v. 比得上, 敌得过

##### (1) 单句填空

① Little pleasure can be equal \_\_\_\_\_ that of a cool drink in hot summer.

② The teacher is popular because he treats the students as his \_\_\_\_\_ (equal).

③ [2022 · 全国乙卷] Long-lasting friendships share the characteristic that both sides

\_\_\_\_\_ (equal) contact(联系) and share with one another.

(2)完成句子

④First, nobody can \_\_\_\_\_ me in oral English in our class. \_\_\_\_\_, I'm good at communicating with others. So, I hold the firm belief that \_\_\_\_\_ as a volunteer for a fair. (应用文写作之申请信)

首先,在我们班没有人能在英语口语方面比得上我。同样重要的是,我善于与他人沟通。因此,我坚信我能胜任展销会志愿者的工作。

[归纳总结]

- (1) A equals B in... 在……方面 A 比得上 B  
(2) be equal to + n./doing sth  
等于;与……相等;胜任/能干……  
(3) equality n. 相等;平等  
(4) equally adv. 相等地;平等地

⑧ apologise vi. 道歉;表示歉意;谢罪

(1)单句填空

①[2021·全国甲卷] I come to you, hat in hand, to apologise \_\_\_\_\_ the damage I had indirectly caused and to ask you to reconsider my lifetime ban from the hotel.

②[2020·天津卷] Before Vinnie could say yes, the President hurried on, a shade of \_\_\_\_\_ (apologise) in his voice.

③At first he refused to accept any responsibility but he ended up \_\_\_\_\_ (apologise).

(2)一句多译

④我写信是为打碎了你的珍稀花瓶而真诚道歉。(应用文写作之道歉信)

→I'm writing to sincerely \_\_\_\_\_ your rare vase. (apology)

→I'm writing to sincerely \_\_\_\_\_ your rare vase. (apologise)

[归纳总结]

- (1) apologise to sb for sth  
因为……向某人道歉  
(2) apology n. 道歉;歉意  
make an apology to sb for sth  
因为……向某人道歉  
accept/refuse one's apology  
接受/拒绝某人的道歉  
owe sb an apology 应向某人道歉

⑨ judge n. 法官;审判员;裁判员 vt. & vi. 评价;评判;判断

(1)单句填空

①[外研选修三] Self-driving cars can learn to drive

in the same way that we do, and can make \_\_\_\_\_ (judge) based on information.

②\_\_\_\_\_ (judge) by the above story, we can draw the conclusion that we don't judge a book by its cover.

(2)完成句子

③[2023·全国甲卷] What we discovered is that

(仅仅通过外表来判断你所吃的东西是不明智的)。

④\_\_\_\_\_, you are about to take part in the Chinese Bridge Competition and I am writing with the intention of informing you of some dos and don'ts. (应用文写作之告知信) 从你上一封信来看,你即将参加“汉语桥”比赛,我写信是想告诉你一些注意事项。

[归纳总结]

- (1) judging from/by... 根据……来判断(作状语)  
(2) judge sb/sth from/by 以……来判断……(作谓语)  
be judged to be/as 被判定为  
as far as I can judge 据我判断;我认为  
(3) judgement n. 判断;审判;判断力  
温馨提示: judging from/by... 置于句首作状语时, v.-ing 形式不受主语的影响,构成独立成分。类似用法的词或短语还有: generally speaking 一般来说; frankly speaking 坦白地说; considering... 考虑到……。

⑩ settle vt. & vi. 定居;结束(争论);解决(纠纷);使处于舒适的位置;(使)平静下来

(1)单句填空/一词多义

①[2020·全国新高考 I 卷] At the Jorvik Centre in York, the city's Viking \_\_\_\_\_ (settle) is recreated, and people experience the sights, sounds and smells of the old town.

②With a lot of difficult problems \_\_\_\_\_ (settle), I won't come to the party this evening.

③We firmly believe that war never settles anything. \_\_\_\_\_

④We've moved all over the country, but I'd like to settle here now. \_\_\_\_\_

⑤After dinner we settled (ourselves) in front of the television for the evening. \_\_\_\_\_

⑥The weather is expected to settle towards the end of the week. \_\_\_\_\_

(2)完成句子

⑦\_\_\_\_\_, my father and mother worked day and night to provide for the family, though we were still heavily in debt. (读后续写之生活经历) 在一个完全陌生的地方安顿下来后,我的父亲和母亲夜以继日地工作来养家糊口,但是我们仍然负债累累。



⑧ They dashed out of the car, put up the tent and \_\_\_\_\_, enjoying the surrounding breathtaking sights. (读后续写之动作描写)  
他们冲出汽车,搭起帐篷,舒适地坐在草地上,欣赏周围令人叹为观止的景象。

### [归纳总结]

- (1) settle down 定居;平静下来;专心于  
settle/get down to (doing) sth 着手认真做某事  
settle in/into sth 适应(新家、工作、环境等);安顿下来  
(2) settler *n.* 移民;殖民者  
(3) settlement *n.* 定居点;解决;协议

## 主题词块

### ① addicted to 对……很入迷

#### (1) 单句填空

- ① The kids' \_\_\_\_\_ (addict) to social media threw the young parents into an awkward situation.  
② Generally speaking, women are more addicted to \_\_\_\_\_ (buy) new things than men.  
③ [外研选修三] So, ever since I discovered selfie apps that could remove my freckles, enlarge my eyes and even slim my jawline, I have become \_\_\_\_\_ (addict).

#### (2) 完成句子

- ④ On the other hand, students lacking self-discipline \_\_\_\_\_, thus affecting their study and life. (应用文写作之陈述现象)  
另一方面,缺乏自律的学生容易沉迷于观看短视频,从而影响他们的学习和生活。

### [归纳总结]

- (1) addicted *adj.* 上瘾的;入迷的  
be/become/get addicted to sth/doing sth 沉迷于……;专心做……  
(2) addict *n.* 对……入迷的人;吸毒成瘾的人  
(3) addiction *n.* 嗜好;瘾

### ② be fond of 喜欢……(常用于口语)

#### (1) 单句填空

- ① He has always been very keen \_\_\_\_\_ doing physical exercise.  
② She has a passion \_\_\_\_\_ painting and spends hours creating beautiful artworks.  
③ The girl cares much \_\_\_\_\_ new clothes when the Spring Festival is coming.  
④ I didn't go \_\_\_\_\_ for poetry seriously, but now I'm beginning to take an interest in it.

#### (2) 完成句子

- ⑤ \_\_\_\_\_, I want to invite you to go to the movies this weekend. (应用文写作之邀请信)  
知道你喜欢看电影,我想邀请你这个周末去看电影。  
⑥ It was when she first arrived in China \_\_\_\_\_ paper-cutting. (passion)  
她对剪纸的酷爱是在她第一次来到中国时培养起来的。

### [归纳总结]

- 表示“喜欢”的短语:  
care for 照顾;关心;非常喜欢  
go in for 爱好(某活动);对……感兴趣  
fall/be in love with 爱上;喜欢上  
be keen on 喜爱;热衷于  
have/develop a passion for 酷爱……

## 重点句型运用

句型: **make it + adj./n. + (for sb) to do sth**

But spending too much time online is unhealthy and **makes it very difficult to focus on** other things in life.

然而,花费太多时间上网有损健康,也会让人很难专注于生活中的其他事情。

完成句子

- ① The event celebrates its 22nd anniversary with a great show of the very best of gardening, \_\_\_\_\_ in gardening. (应用文写作之活动介绍)  
该活动以一场精彩的园艺表演来庆祝其成立 22 周年,使其成为园艺界最受欢迎的活动之一。

② [2022·全国乙卷] As we can see from the chart,

65% of the students \_\_\_\_\_ to learn English. (应用文写作之图表分析)

正如我们从图表中看到的那样,65%的学生认为听英语歌曲对他们学习英语很有用。

### [句式点拨]

本句是“make + it + 形容词”结构,其中 it 为形式宾语,指代后面的不定式结构。it 作形式宾语时,除指代不定式之外,还可指代动名词或从句。  
能用于此结构的常见动词有: think, feel, find, consider 等 + it + 形容词/名词 + (for/of sb) + to do/从句。  
对比: 动词 + it + no good/no use/useless/a waste of time/worthwhile 等 + 动名词(doing)。